

# Sterling Chiropractic New Patient Intake Form

Appointment \_\_\_\_\_

Title:  Mr.  Mrs.  Ms.  Miss  Dr.  Other \_\_\_\_\_

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex:  Male  Female

Leave Messages on:  Home  Cell  Work  Don't leave messages

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Social Security Number: \_\_\_\_-\_\_\_\_-\_\_\_\_ Marital Status:  Single  Married  Other

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Employment Status:  Employed  Unemployed  FT Student  PT Student  Other \_\_\_\_\_

Employer Name \_\_\_\_\_

Your Occupation \_\_\_\_\_

Occupational Activities: (Check one that best describes your job)

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Administration        | <input type="checkbox"/> Business Owner | <input type="checkbox"/> Clerical/Secretary       | <input type="checkbox"/> Executive/Legal     |
| <input type="checkbox"/> Computer User         | <input type="checkbox"/> Construction   | <input type="checkbox"/> Daycare/Childcare        | <input type="checkbox"/> Heavy Manual Labor  |
| <input type="checkbox"/> Food Service Industry | <input type="checkbox"/> Health Care    | <input type="checkbox"/> Heavy Equipment operator | <input type="checkbox"/> Medium Manual Labor |
| <input type="checkbox"/> Home Services         | <input type="checkbox"/> Housekeeper    | <input type="checkbox"/> Light Manual Labor       |  |
| <input type="checkbox"/> Manufacturing         | <input type="checkbox"/> Other _____    |   |  |

Spouse First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone \_\_\_\_\_

Spouse Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

How did you hear about our office?  Family/Friend  Facebook  Yellow Pages  Expo

Location  Internet Ad  Google Search  Newspaper  Screening \_\_\_\_\_

Other: \_\_\_\_\_

By Using the key below, indicate on the body diagram where you are experiencing the following symptoms:

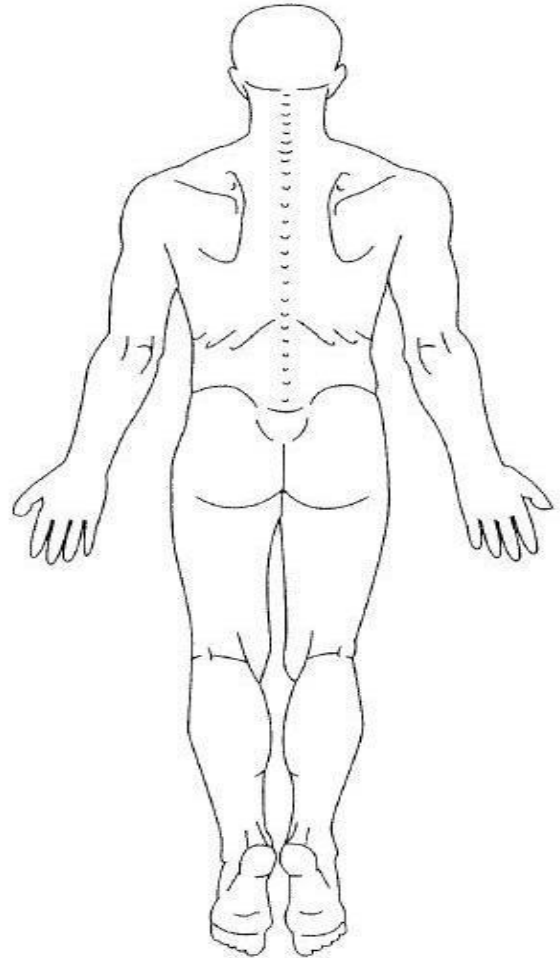
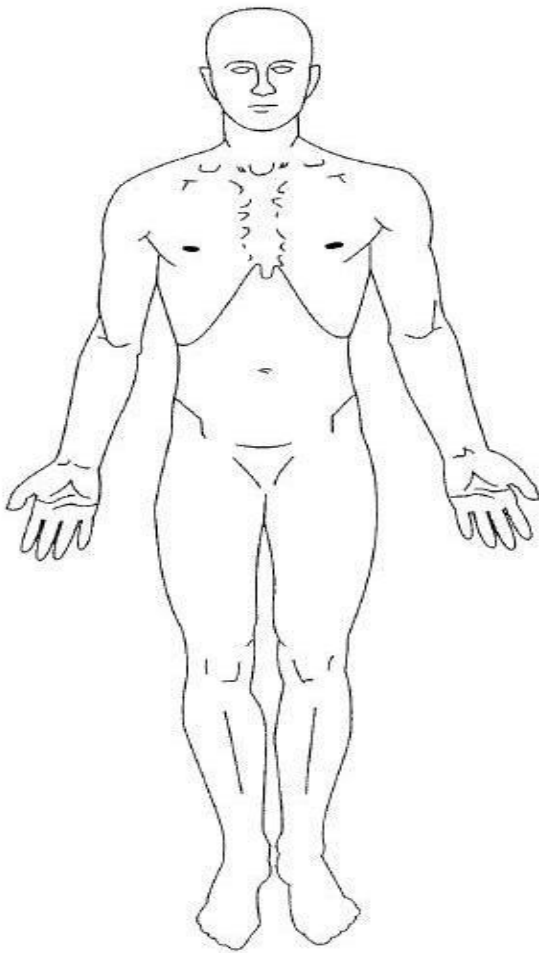
N=Numbness

B=Burning

S=Sharp

T=Tingling

A=Dull Ache



Average Pain Intensity:

Last 24 hours: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst pain)

Past week: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst pain)

How are your symptoms changing?  Getting better  Not changing  Getting worse

Does anything improve your pain?  No  Yes \_\_\_\_\_

Are your symptoms a result of:  Motor Vehicle Accident  Work-related Accident  Other \_\_\_\_\_

When did your symptoms begin? \_\_\_\_\_

How did your symptoms begin? \_\_\_\_\_

How often do you experience your symptoms?

Constantly  
(76-100% of the day)

Frequently  
(51-75% of the day)

Occasionally  
(26-50% of the day)

Intermittently  
(0-25% of the day)

What describes the nature of your symptoms?

Sharp

Ache

Numb

Shooting

Burning

Tingling  Throbbing  Other \_\_\_\_\_

Are You Pregnant?     Yes     No    Date of last menstrual cycle \_\_\_\_\_

Medical Conditions: (Check all that apply)

- Arthritis     Cancer     Diabetes     Heart Disease  
 Hypertension     Psychiatric Illness     Skin Disorder     Stroke  
 Fibromyalgia     Asthma     Osteoporosis     Other \_\_\_\_\_

Surgeries: (Check all that apply)

- Appendectomy     Brain     Breast Augmentation  
 Cardiovascular procedure     Carpal Tunnel     Cervical spine     Gall Bladder  
 Gastro-intestinal     Hernia     Hysterectomy     Joint Replacement     Knee  
 Lumbar spine     Prostate     Shoulder     Thoracic spine  
 Uro-genital     Other \_\_\_\_\_

Allergies: (Check all that apply)

- Animal     Chemical \_\_\_\_\_     Milk/Lactose     Mold  
 Seasonal     Sulfites     Wheat/Glutens     Other \_\_\_\_\_

Social History: (Check all that apply)

- Caffeine use:     occasional     often     never  
Drink Alcohol:     occasional     often     never  
Exercise:     occasional     often     never  
Drink Water:     Less than 64 oz/day     More than 64 oz/day     never  
Cigarettes:     Less than 1 pack/day     More than 1 pack/day     never  
Sleep:     Less than 8 hours/night     More than 8 hours/night     insomnia

Family History: (Check all that apply)

- Arthritis:     Parent     Sibling  
Cancer:     Parent     Sibling  
Diabetes:     Parent     Sibling  
Heart Disease:     Parent     Sibling  
Hypertension:     Parent     Sibling  
Stroke:     Parent     Sibling  
Thyroid:     Parent     Sibling  
Other \_\_\_\_\_     Parent     Sibling

Please list all current medications being taken \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Review of Systems: (Check box if you have had trouble with any of the following)

<b>Cardiovascular</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Respiratory</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Allergic/Immunologic</b>	<i>Past</i>	<i>Present</i>	<i>No</i>
Poor Circulation				Asthma				Hives			
Hypertension				Tuberculosis				Immune Disorder			
Aortic Aneurism				Short Breath				HIV/AIDS			
Heart Disease				Emphysema				Allergy Shots			
Heart Attack				Cold/Flu				Cortisone Use			
Chest Pain				Cough							
High Cholesterol				Wheezing				Eyes	<i>Past</i>	<i>Present</i>	<i>No</i>
Pacemaker								Glaucoma			
Jaw Pain								Double Vision			
Irregular Heartbeat								Blurred Vision			
Swelling of legs											
<b>Genitourinary</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Hematologic</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Ear, Nose and Throat</b>	<i>Past</i>	<i>Present</i>	<i>No</i>
Kidney Disease				Hepatitis				Difficulty Swallowing			
Burning Urination				Blood Clots				Dizziness			
Frequent Urination				Cancer				Hearing Loss			
Blood in Urine				Bruising				Sore Throat			
Kidney Stones				Bleeding				Nosebleeds			
Lower Side Pain				Fever, Chills				Bleeding Gums			
				Sweating				Sinus Infections			
				Varicose Vein							
<b>Neurologic</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Musculoskeletal</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Gastrointestinal</b>	<i>Past</i>	<i>Present</i>	<i>No</i>
Stroke				Gout				Gall Bladder Problems			
Seizures				Arthritis				Bowel Problems			
Head Injury				Joint Stiffness				Constipation			
Brain Aneurysm				Muscle Weakness				Liver Problems			
Numbness				Osteoporosis				Ulcers			
Severe Headaches				Broken Bones				Diarrhea			
Pinched Nerves				Joints Replaced				Nausea/Vomiting			
Parkinson's				Neck Pain				Bloody Stools			
Carpal Tunnel				Low Back Pain				Poor Appetite			
Vertigo				Upper Back Pain							
<b>Constitutional</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Endocrine</b>	<i>Past</i>	<i>Present</i>	<i>No</i>	<b>Psychiatric</b>	<i>Past</i>	<i>Present</i>	<i>No</i>
Weight Loss/Gain				Thyroid				Depression			
Low Energy Level				Diabetes				Anxiety			
Difficulty Sleeping				Hair Loss				Stress			
				Menopausal							
				PMS							

# Sterling Chiropractic Consent to Chiropractic Services

## Payment and Insurance

I understand and agree that the health and accident policies are an arrangement between the insurance carrier and myself. This office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this office will be credited to my account. I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

**Pt Initials:** \_\_\_\_\_

## MINOR CHILD - Consent to Treatment

If applicable, I authorize the licensed doctor and whomever he/she may designate as assistant to administer chiropractic care as deemed necessary to my (relationship) \_\_\_\_\_, (name) \_\_\_\_\_.

**Parent Initials:** \_\_\_\_\_

## FEMALE Patients

This is to certify that to the best of my knowledge I am NOT PREGNANT and that Sterling Chiropractic has my permission to take x rays as needed.

**Female Pt Initials:** \_\_\_\_\_

## Patients' Rights

Sterling Chiropractic respects the unique differences of our patients and will ensure that health care ethics are maintained for all patients. The following rights will be exercised on our patients' behalf.

1. The patient has the right to considerate and respectful care.
2. The patient has the right to and is encouraged to obtain from his/her doctor and staff relevant, current, and understandable information concerning diagnosis, treatment, and prognosis.
3. The patient has the right to know the identity of everyone involved in his/her care.
4. The patient has the right to make decisions about the plan of care prior to and during the course of treatment and to refuse a recommended treatment of plan of care to the extent permitted by law, and to be informed of the consequences of this action.
5. The patient has the right to every consideration of privacy.
6. The patient has the right to expect that all communications and records pertaining to his/her care will be treated as confidential, except in cases when reporting is permitted or required by law.
7. The patient has the right to expect reasonable continuity of care when appropriate and to be informed of available and realistic patient care options.

**Pt Initials:** \_\_\_\_\_

## Consent to Chiropractic Services

I hereby request and consent to chiropractic manipulations and procedures including various modes of physical therapy, diagnostic x-rays and/or tests by Sterling Chiropractic and staff who now or in the future treat me while employed in this office. I will have an opportunity to discuss with the doctor and/or staff the nature and purpose of treatment indicated. I understand that results are not guaranteed and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks of treatment, including but not limited to fractures, disc injuries, strokes, dislocations, and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications and wish to rely on the doctor to exercise judgement during the course of any procedure which the doctor feels at the time is in my best interest. I have read, or have had read to me, the full above consent and have also had an opportunity to ask questions about its content, and by signing below, I agree to the above terms and procedures. I intend this consent to cover any treatment for my present condition and for any future conditions for which I seek treatment by this office and/or employed staff.

**Signed** \_\_\_\_\_

**Date** \_\_\_\_\_

Sterling Chiropractic Patient Acknowledgement and Receipt of Notice of Privacy Practices  
Pursuant to HIPAA and Consent for Use of Health Information

Name \_\_\_\_\_ Date \_\_\_\_\_  
Print Patient's Name

The undersigned does hereby acknowledge that he or she has received a copy of this office's Notice of Privacy Practices Pursuant to HIPAA and has been advised that a full copy of this office's HIPAA Compliance Manual is available upon request.

The undersigned does hereby consent to the use of his or her health information in a manner consistent with the Notice of Privacy Practices Pursuant to HIPAA, the HIPAA Compliance Manual, State Law and Federal Law.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

By \_\_\_\_\_  
Patient's Signature

If patient is a minor or under a guardianship order as defined by State law:

By \_\_\_\_\_  
Signature of Parent/Guardian (circle one)

Names of persons with whom you wish to share Protected Health Information:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_